

HAND HYGIENE— Key Prevention Measure to Prevent Spread

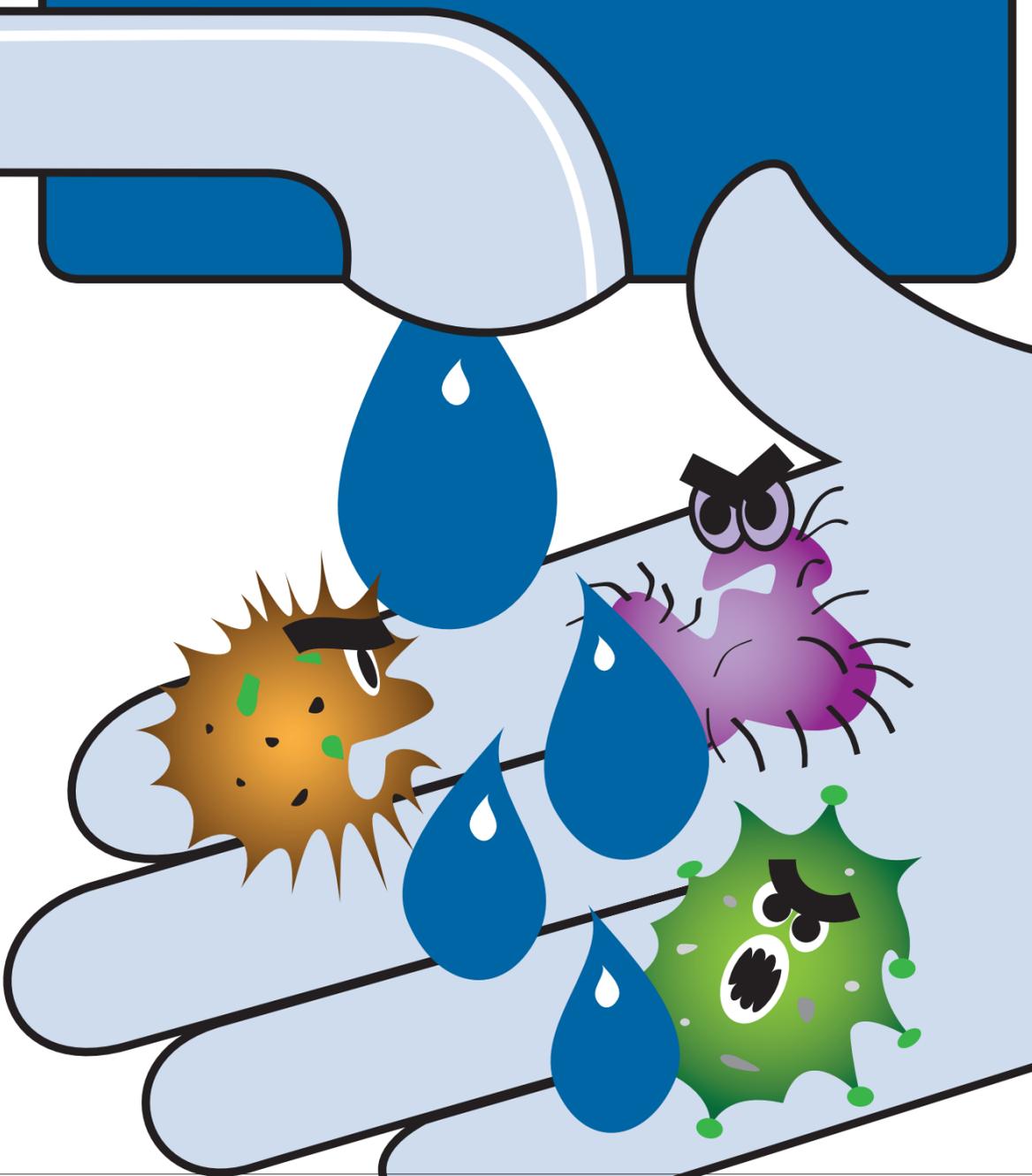
- Practice good hygiene often;
- Keep your hands clean by washing thoroughly with soap and water—especially important with *C. difficile* to remove spores;
- Keep cuts and abrasion clean and covered with proper dressing (e.g. transparent bandage) until healed.

ALCOHOL-BASED HAND RUB IS NOT EFFECTIVE AGAINST *C. DIFFICILE*

- Alcohol sanitizer does not kill spores;
- Hand washing is imperative following contact with a *C. difficile* patient to get rid of spores;
- You may still use alcohol after hand washing.



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Studies Showing Most Contaminated Surfaces with C.difficile

- Toilet Surface
- Commode
- Bed Rails
- Sink Surface
- Call Button
- Chair
- Bedpan
- Blood Pressure Cuffs



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